

No Way R.A. Patch Program

Girl Scout troops and councils across the United States have been asking Cheryl Dellasega, Ph.D. (author of *GirlWars: 12 Ways to Stop Female Bullying* and founder of Club & Camp Ophelia) for a patch program.

You asked for it and now here it is!



- Also known as female bullying, R.A. takes the fun out of friendship.
 - Girls use words, relationships and behaviors to hurt other girls.
- Over a third of girls ages 13-17 expressed concern about being teased, bullied or threatened.
- Girls who have experienced relational aggression are at-risk for eating disorders, dropping out of school, substance abuse and other issues.
 - For more information on R.A., please contact Mile Hi Council at 400 S. Broadway P.O. Box 9407 Denver, CO. 80209 or visit the website <http://www.girlscoutsmilehi.org/content/documents/no%20way%20ra%20patch%20program5.pdf>
- Help end relational aggression by lending a hand!

